

2008-09 MIAC Women's Basketball Awards

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St. Paul, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) announced the 2008-09 MIAC Women's Basketball Awards today, March 5, 2009. Concordia College senior guard Jenna Freudenberg was named the 2008-09 MIAC Player of the Year. Freudenberg led the second-place Cobbers and was third in the MIAC in scoring with 17.0 points per game. She has scored in double figures in all but one of the team's 27 games this season. Freudenberg was also third in the conference in assists with 4.27 per game.



Concordia sophomore guard Maggie Bauernfeind was chosen as the MIAC Sixth Player of the Year for 2008-09. Bauernfeind averaged 9.4 points per game while only playing 18.2 minutes per game. She made 38 three-pointers during conference play connecting on 39.2% of her shots.

Concordia head coach Jessica Rahman was named the 2008-09 MIAC Coach of the Year. Rahman led the Cobbers to runner-up finishes during the regular season and conference playoffs. Concordia (19-8, 17-5 MIAC) earned an at-large berth in the NCAA Tournament and will begin play Friday in Stevens Point, Wis.

As part of a conference-wide sportsmanship initiative, the MIAC announced the third annual All-MIAC Sportsmanship team for women's basketball. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

2008-09 MIAC Women's Basketball Awards

Player of the Year - Jenna Freudenberg, Concordia (Sr., Guard, Parkers Prairie, Minn.)

Sixth Player of the Year - Maggie Bauernfeind, Concordia (So., Guard, Rosemount, Minn.)

Coach of the Year - Jessica Rahman (6th season)

All-Conference

Name	Team	Year	Position	Hometown/High School
Elyse Erickson	St. Olaf	Sr.	Forward	Long Lake, Minn./Orono
Danielle Frank	Saint Benedict	So.	Forward	Caledonia, Minn.
Jenna Freudenberg	Concordia	Sr.	Guard	Parkers Prairie, Minn.
Jenna Green	Concordia	Fy.	Forward	Dilworth, Minn./D-G-F
Laura Kalbfell	St. Catherine	So.	Forward	Lakeville, Minn.
Jessica Katch	St. Thomas	Sr.	Forward	Urbandale, Iowa/Dowling Catholic
Annegret Nautsch	Bethel	Sr.	Forward	Everett, Wash./Sioux Falls
Emily Nelson	Gustavus	Sr.	Guard	Mankato, Minn./Loyola
Hannah Oken-Berg	Carleton	Sr.	Forward	Portland, Ore./Lincoln
Trina PaStarr	Macalester	Jr.	Forward	Minneapolis, Minn./Southwest
Bri Radtke	Gustavus	Jr.	Guard	Winsted, Minn./Lester Prairie
Amy Stifter	Saint Benedict	So.	Guard	Watertown, Minn./Watertown-Mayer
Ariel Tauer	Saint Benedict	Sr.	Forward	Edina, Minn.
Becky Theisen	St. Thomas	So.	Guard	New Prague, Minn.
Mary Wilkowski	Hamline	So.	Forward	Savannah, Ga./St. Andrews

All-Defensive Team

Name	Team	Year	Position	Hometown/High School
Jessica Katch	St. Thomas	Sr.	Forward	Urbandale, Iowa/Dowling Catholic
Emily Nelson	Gustavus	Sr.	Guard	Mankato, Minn./Loyola
Danielle Frank	Saint Benedict	So.	Forward	Caledonia, Minn.
Lindsey Schultz	Concordia	So.	Guard	Hitterdal, Minn./Ulen-Hitterdal
Britta Schwartzhoff	Hamline	Sr.	Guard	Hayward, Wis.

All-First Year Team

Name	Team	Year	Position	Hometown/High School
Autumn Beasley	Bethel	Fy.	Guard	Medina, Minn./Heritage Christian
Molly Geske	Gustavus	Fy.	Forward	Mendota Heights, Minn./Cretin-Derham Hall
Jenna Green	Concordia	Fy.	Forward	Dilworth, Minn./D-G-F
Serenae Levine	Augsburg	Fy.	Guard	Eden Prairie, Minn.
Taylor Sheley	Bethel	Fy.	Guard	Backus, Minn./Pine River-Backus

Honorable Mention All-Conference

Name	Team	Year	Position	Hometown/High School
Ann Baltzer	Macalester	Jr.	Forward	Bismarck, N.D.
Autumn Beasley	Bethel	Fy.	Guard	Medina, Minn./Heritage Christian
Nikki Carter	Saint Benedict	Sr.	Guard	Edina, Minn.
Brooke Hakanson	St. Catherine	Sr.	Forward	Wheeler, Wis./Boyceville
Jessica Heinen	Hamline	Sr.	Forward	Spicer, Minn./New London-Spicer
Cherie Kulig	Saint Mary's	So.	Guard	Independence, Wis.
Serenae Levine	Augsburg	Fy.	Guard	Eden Prairie, Minn.
Jess Miller	Saint Mary's	So.	Forward	Carver, Minn./Chaska
Mindy Schmidt	Saint Benedict	Jr.	Guard	Brooklyn Park, Minn./Champlin Park
Britta Schwartzhoff	Hamline	Sr.	Guard	Hayward, Wis.
Sarah Sorbo	Concordia	Jr.	Guard	Adams, N.D./Adams-Edmore
Christa Suedbeck	Augsburg	Sr.	Forward	Hugo, Minn./White Bear Lake
Kristen Wolters	Bethel	Jr.	Forward	St. Cloud, Minn./Tech

2008-09 All-MIAC Sportsmanship Team

Augsburg - Ashley Erickson (Fy., Bemidji, Minn.)
Bethel - Shana Grejtak (So., Franklin, Minn./Cedar Mountain-Comfrey)
Carleton - Sarah Kunelius (Sr., Eagan, Minn.)
Concordia - Jaynie Herbranson (So., Rothsay, Minn./Barnesville)
Gustavus - Julia Schultz (Jr., Marshall, Minn.)
Hamline - Britta Schwartzhoff (Sr., Hayward, Wis.)
Macalester - Elise Pagel (Sr., Appleton, Wis./North)
Saint Benedict - Nikki Carter (Sr., Edina, Minn.)
St. Catherine - Brooke Hakanson (Sr., Wheeler, Wis./Boyceville)
Saint Mary's - Sarah Adie (Fy., Holy Family)
St. Olaf - Britta Hendrickson (Sr., Red Wing, Minn.)
St. Thomas - Anna Swanson (Sr., Richfield, Minn./Holy Angels)